

THE 13th Annual WOMEN'S & CHILDREN'S HEALTH UPDATE 2019



Saturday 18 May

8:30AM – 6:30PM

Adelaide Convention Centre
North Terrace, **Adelaide**

Special Keynote Speaker



Depression and the Menopause

Prof Jayashri Kulkarni

Psychiatrist; Director, Monash Alfred Psychiatry Research Centre (MAPrc)



Pharmacotherapy for Obesity

Prof John Dixon

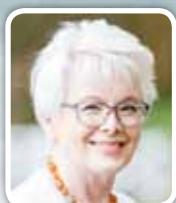
Professorial Research Fellow, Baker Heart and Diabetes Institute



Cervical Cancer Screening

A/Prof Annabelle Farnsworth

Histopathologist; Douglass Hanly Moir Pathology



Effective Management of Vaginismus

Dr Rosie King

Sex Therapist, Educator and Author



RACGP | **QI&CPD**
2017-19 Accredited Activity
Category 2



16 points

Activity no. 148515



WHY YOU SHOULD ATTEND

- Leading experts
- Engaging speakers
- Broad range of topics
- Latest and up-to-date information
- Practical take home messages
- Cost efficient one-day program



FREE ACTIVE LEARNING MODULE

YOU ARE INVITED

Healthed invites you to attend this unrivalled, high quality, educational event. Each year this meeting features leading experts and key opinion leaders who present the most authoritative, clinically relevant information on topic areas specifically requested by Australian medical practitioners and women's health workers.

Our 2018 seminar attracted a record number of delegates and feedback was overwhelmingly positive. We look forward to seeing you at this unrivalled women's health education day.

The Healthed Team

REGISTRATION INCLUDES

- ❑ Access to entire program
- ❑ Handbook with lecture notes
- ❑ Morning tea, lunch & afternoon tea
- ❑ Access to trade exhibition
- ❑ Posted copy of an attendance certificate
- ❑ Registration will be confirmed via email after receipt of payment

REGISTRATION ENQUIRIES

Phone: 1300 797 794 **Fax:** 1300 797 792

Mail: Healthed Pty Ltd
PO BOX 500 Burwood NSW 1805 Australia

Email: info@healthed.com.au

On the Day: Information desk will be located in the foyer area outside the auditorium (Western Entrance).

More information available online at
www.healthed.com.au

EDUCATION POINTS

- ❑ 16 Category 2 CPD points approved with RACGP
- ❑ 8 Core PDP points approved with ACRRM
- ❑ OPTIONAL – 40 Category 1 CPD points approved with RACGP

DOWNLOAD THE HEALTHED APP



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Enhance your learning experience with the Healthed app! Download before the seminar to get access to heaps of exciting features:

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Download the app on your smartphone or tablet from the App Store or Google Play.

HIGH QUALITY CONTENT

Healthed strives to maintain the highest possible standard of educational quality throughout its seminar programs. All our speakers are clearly instructed to present information that is authoritative, independent, scientifically accurate and of practical relevance.

In our constant search for high quality educational content we take input from GPs, specialists, researchers, medical educators, industry and many other sources. Their ideas are scrutinised carefully before being introduced into the educational program.

As a result, in 2018 more than 6,000 GPs attended our seminars and many more used the audio and video recordings derived from them.

VENUE & TRANSPORT

The event will be held at the Adelaide Convention Centre – North Terrace, Adelaide SA 5000.

- ❑ The ACC operates two convenient on-site car parks, see www.adelaidecc.com.au/visiting/the-centre/
- ❑ Adelaide Independent Taxis 13 22 11



FACULTY & SPEAKERS



A/Prof Richard Loh,
Paediatric Immunologist;
Head of Immunology,
Princess Margaret Hospital
and University of WA

Anaphylaxis in Infants and
Young Children



Dr Jessica Tattersall,
Allergist and Medical
Rhinologist,
Sydney Allergy Clinic

Allergic Rhinitis in Children
– It's More than Just a
Runny Nose



Prof Craig Munns,
Senior Staff Specialist in
Endocrinology, and Clinical
Program Director for the
Division of Diagnostic
Services, Westmead
Children's Hospital

Vitamin D in Pregnancy –
Supplement or Not?

PROGRAM

Registration from 7:30am

Each talk is approx. 25 mins in duration.

Morning tea, lunch and afternoon tea will be provided.

MENOPAUSE

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| Sleep Disturbances in Menopause – Practical Advice | Dr Linda Schachter , Sleep and Respiratory Specialist; Medical Director, Sleep Services Australia |
| HRT Cases | Dr Jane Elliot , GP, and Past President Australasian Menopause Society |

MENTAL HEALTH

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|-----------------------------------|--|
| Self-harm – What GPs Need to Know | Dr Claire Kelly , Director of Curriculum, Mental Health First Aid Australia |
| Depression and the Menopause | Prof Jayashri Kulkarni , Psychiatrist; Director, Monash Alfred Psychiatry Research Centre (MAPrc) |
| Pharmacogenomics and Depression | Dr Tom Polasek , Clinical Pharmacology Registrar, Royal Adelaide Hospital, Centre for Medicines Use and Safety, Monash University |

PREGNANCY

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| Vitamin D in Pregnancy – Supplement or Not? | Prof Craig Munns , Senior Staff Specialist in Endocrinology, and Clinical Program Director for the Division of Diagnostic Services, Westmead Children's Hospital |
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CHILDREN AND TEENAGERS

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| Allergic Rhinitis in Children – It's More than Just a Runny Nose | Dr Jessica Tattersall , Allergist and Medical Rhinologist, Sydney Allergy Clinic |
| Anaphylaxis in Infants and Young Children | A/Prof Richard Loh , Paediatric Immunologist; Head of Immunology, Princess Margaret Hospital and University of WA |
| Meningitis Prevention – Most Recent Developments | Dr Paul Van Buyster , Public Health Physician; Gold Coast Health Service, Chairman, Australia Immunisation Coalition |

MISCELLANEOUS

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| Clinical Conundrums in Osteoporosis | Prof Ego Seeman , Endocrinologist; Dept of Medicine and Endocrinology, Austin Health, University of Melbourne |
| Iron Deficiency – Curly Cases, Grey Areas, Controversies | Dr Pradeep Jayasuriya , GP, Belgravia Medical Centre, Perth |
| Pharmacotherapy for Obesity – Important New Options | Prof John Dixon , Professorial Research Fellow, Baker Heart and Diabetes Institute |
| Breast Implants and Complications – Practical Advice for GPs | Prof Rodney Cooter , Plastic Surgeon and Medical Specialist; Waverley House Plastic Surgery Centre, Australian Breast Device Registry |

SEXUAL HEALTH

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| Effective Management of Vaginismus | Dr Rosie King , Sex Therapist, Educator and Author |
| Cervical Cancer Screening – Curly Cases and Common Questions | A/Prof Annabelle Farnsworth , Gynaecological Histopathologist and Cytopathologist; Director of Cytopathology, Douglass Hanly Moir Pathology |
| Contraception Update – What's New and What's Coming Soon | Dr Terri Foran , Sexual Health Physician; Lecturer, School of Women's and Children's Health, UNSW |

ENDOMETRIOSIS EXPERT PANEL – Facilitated by Dr Terri Foran

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| Endometriosis – Improving Diagnosis, Management and Fertility | Dr Ray Yoong , Obstetrician and Gynaecologist, The Women's and Children's Hospital Adelaide |
| Endometriosis and Hormones | A/Prof Louise Hull , Infertility Specialist, The Women's and Children's Hospital; Associate Professor and Lead of the Endometriosis Research Group, The University of Adelaide |
| Endometriosis and Pain Management | Dr Jason Chow , Pain Physician, Gynaecologist and Obstetrician; Women's Health & Research Institute of Australia |

The above program is an indication of topics and speakers only and is not the final schedule. Program was correct at time of printing and may be subject to change without notice. See healthed.com.au for updates.



Prof Ego Seeman, Endocrinologist; Dept of Medicine and Endocrinology, Austin Health, University of Melbourne

Clinical Conundrums in Osteoporosis



Dr Terri Foran, Sexual Health Physician; Lecturer, School of Women's and Children's Health, UNSW

Cervical Cancer Screening – Curly Cases and Common Questions



Dr Pradeep Jayasuriya, GP, Belgravia Medical Centre, Perth

Iron Deficiency – Curly Cases, Grey Areas, Controversies

The 13th Annual Women's & Children's Health Update 2019
 Saturday, 18 May 2019, 8:30am-6:30pm
 Adelaide Convention Centre, North Terrace, Adelaide

This seminar is
 proudly organised by
 Healthed Pty Ltd
 ABN 13 604 040 704



| REGISTRATION FORM | By Mail, Fax or Phone | Online Only |
|--------------------------------|--------------------------------|--------------|
| Super Early Bird until 5 April | <input type="checkbox"/> \$185 | \$165 |
| Early Bird until 3 May | <input type="checkbox"/> \$199 | \$185 |
| Standard after 3 May | <input type="checkbox"/> \$255 | \$225 |

I am interested in (tick box)
 Attending the seminar **Basic CPR Workshop \$150/\$160** (See below for details)

RACGP QICPD/ACRRM
 Education No: _____

I am a **Doctor** **Nurse/Midwife** **Pharmacist** **Other** _____

Dietary Choice **Gluten Free** **Vegetarian** **Vegan** *denotes required information

*Title _____ *Given Name _____ *Surname _____

Organisation/Practice _____

*Home Address _____
 _____ *State _____ *Postcode _____

*Work Ph _____ *Work Fax _____

*Email _____ Mobile _____

TAX INVOICE, CONFIRMATION OF REGISTRATION AND SUPPLEMENTARY EDUCATION MATERIALS WILL BE SENT BY EMAIL OR FAX – PLEASE WRITE CLEARLY

Yes I wish to attend: (tick box) and pay by: **Visa** **Mastercard** **Cheque** \$ _____ *Total*

Cheques are to be made payable to: **"Healthed"** All Prices are in Australian Dollars (AUD)

Card Number _____ Expiry ____ / ____ CCV _____

Name on Card _____ Signature _____

Return your registration form & payment to: HEALTHED PTY LTD PO BOX 500 Burwood NSW 1805, FAX 1300 797 792 or EMAIL info@healthed.com.au

Basic CPR for RACGP

In this workshop delegates will have the opportunity to participate in an interactive workshop involving an update on latest CPR guidelines and use of automated defibrillators followed by assessment of CPR skills.

The workshop will be approximately 1-1.5 hrs duration, supervised by qualified ARC accredited instructors and will be compliant with all RACGP requirements.

\$150 for delegates **\$160** for non-delegates

HEALTHED SPONSORS INCLUDE: Amgen, Bayer Consumer Care, Bayer Women's Health, Besins Healthcare, BioCeuticals, Ferring, Freedom Foods, GSK, iNova, Leo Pharma, Lundbeck, Mayne Pharma, Novartis Pharmaceuticals, Novo Nordisk, Pfizer Australia, Sanofi, Servier, Sonic Healthcare, Swisse Wellness, The A2 Milk Company, Vifor Pharma.

CANCELLATION: Notice of cancellation must be in writing and directed to the seminar secretariat through info@healthed.com.au at least 21 days prior to scheduled seminar date. Refunds are not available if notice of cancellation is provided less than 21 days prior to seminar date. A cancellation fee of \$100 will be deducted from your refund.

Liability: The organisers will make every effort to ensure that the event and the program will take place as advertised however the organisers do not take financial responsibility to changes or disruptions that may occur as a result of events beyond their control. Important privacy information: Healthed acknowledges and respects your privacy. The information you provide on this form is being collected for the purpose of processing your registration or inquiry. The provision of the information requested is voluntary. However, if you do not provide the information requested, we may be unable to process your registration or inquiry. We will use the information to keep you informed about products, services, offers and upcoming events and to improve services to you. We will also provide information about you to the sponsors and the exhibitors in the exhibition for the purpose of providing you with direct marketing offers, which we think may be of interest to you. If you do not consent to this disclosure of information about you or if you do not want to receive information about other Healthed educational seminars please call us on 1300 797 794. You have a right to access the information that Healthed holds about you. Please direct any enquiries you may have in relation to the use of our privacy information policy by contacting us on either by Tel 1300 797 794, email info@healthed.com.au or post, PO Box 500, Burwood NSW 1805.