

# THE 13th Annual WOMEN'S & CHILDREN'S HEALTH UPDATE 2019



Saturday 17 August

8:30AM – 6:30PM

Perth Convention & Exhibition Centre

Perth

Special Keynote Speaker



**Depression and the Menopause**

**Prof Jayashri Kulkarni**

Psychiatrist; Director, Monash Alfred Psychiatry Research Centre (MAPrc)



**Anaphylaxis in Infants and Young Children**

**A/Prof Richard Loh**

Paediatric Clinical Immunologist; Perth Children's Hospital and University of WA



**Meningitis Prevention**

**Prof Peter Richmond**

Paediatrician and Paediatric Immunologist, Perth Children's Hospital



**Effective Management of Vaginismus**

**Dr Rosie King**

Sex Therapist, Educator and Author



**RACGP**

**QI&CPD**  
2017-19 Accredited Activity  
Category 2



**16** points

Activity no. 148515



**WHY YOU SHOULD ATTEND**

- Leading experts
- Engaging speakers
- Broad range of topics
- Latest and up-to-date information
- Practical take home messages
- Cost efficient one-day program



PERTH CONVENTION AND EXHIBITION CENTRE



**FREE ACTIVE LEARNING MODULE**

## YOU ARE INVITED

Healthed invites you to attend this unrivalled, high quality, educational event. Each year this meeting features leading experts and key opinion leaders who present the most authoritative, clinically relevant information on topic areas specifically requested by Australian medical practitioners and women's health workers.

Our 2018 seminar attracted a record number of delegates and feedback was overwhelmingly positive. We look forward to seeing you at this unrivalled women's health education day.

### The Healthed Team

## REGISTRATION INCLUDES

- ❑ Access to entire program
- ❑ Handbook with lecture notes
- ❑ Morning tea, lunch & afternoon tea
- ❑ Access to trade exhibition
- ❑ Posted copy of an attendance certificate
- ❑ Registration will be confirmed via email after receipt of payment

## REGISTRATION ENQUIRIES

**Phone:** 1300 797 794 **Fax:** 1300 797 792

**Mail:** Healthed Pty Ltd  
PO BOX 500 Burwood NSW 1805 Australia

**Email:** [info@healthed.com.au](mailto:info@healthed.com.au)

**On the Day:** Information desk will be located in the foyer area outside the auditorium (Western Entrance).

More information available online at  
[www.healthed.com.au](http://www.healthed.com.au)

## EDUCATION POINTS

- ❑ 16 Category 2 CPD points approved with RACGP
- ❑ 8 Core PDP points approved with ACRRM
- ❑ OPTIONAL – 40 Category 1 CPD points approved with RACGP

## DOWNLOAD THE HEALTHED APP



*Bring your own device and enhance your learning with the Healthed app*

Enhance your learning experience with the Healthed app! Download before the seminar to get access to heaps of exciting features:

- ⬆ Download the full seminar handbook
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- ⬆ Sign in for your CPD points – no need to queue!
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Download the app on your smartphone or tablet from the App Store or Google Play.

## HIGH QUALITY CONTENT

Healthed strives to maintain the highest possible standard of educational quality throughout its seminar programs. All our speakers are clearly instructed to present information that is authoritative, independent, scientifically accurate and of practical relevance.

In our constant search for high quality educational content we take input from GPs, specialists, researchers, medical educators, industry and many other sources. Their ideas are scrutinised carefully before being introduced into the educational program.

As a result, in 2018 more than 6,000 GPs attended our seminars and many more used the audio and video recordings derived from them.

## VENUE & TRANSPORT

The event will be held at the Perth Convention & Exhibition Centre, 21 Mounts Bay Rd, Perth. Entry via Mill Street or the Riverside Drive off-ramp from the Mitchell Freeway. Perth Convention & Exhibition Centre is accessible by public transport, go to [www.transperth.wa.gov.au](http://www.transperth.wa.gov.au).

## FACULTY & SPEAKERS



Prof Martha Hickey,  
Professor of Obstetrics and Gynaecology and Head of the Gynaecology Research Centre, The University of Melbourne

Managing Menopausal Symptoms After Cancer



Prof John Dixon,  
Professorial Research Fellow, Baker Heart and Diabetes Institute

Pharmacotherapy for Obesity – Important New Options



Dr Pradeep Jayasuriya,  
GP, Belgravia Medical Centre, Perth

Iron Deficiency – Curly Cases, Grey Areas, Controversies

# PROGRAM

**Registration from 7:30am**  
Each talk is approx. 25 mins in duration.  
**Morning tea, lunch and afternoon tea will be provided.**

## MENOPAUSE

Sleep Disturbances in Menopause – Practical Advice	<b>Dr Linda Schachter</b> , Sleep and Respiratory Specialist; Medical Director, Sleep Services Australia
Managing Menopausal Symptoms After Cancer	<b>Prof Martha Hickey</b> , Professor of Obstetrics and Gynaecology and Head of the Gynaecology Research Centre, The University of Melbourne
HRT Cases	<b>Dr Sonia Davison</b> , Endocrinologist; Clinical Fellow, Jean Hailes for Women's Health

## MENTAL HEALTH

Depression and the Menopause	<b>Prof Jayashri Kulkarni</b> , Psychiatrist; Director, Monash Alfred Psychiatry Research Centre (MAPrc)
Self-harm – What GPs Need to Know	<b>Dr Claire Kelly</b> , Manager of Research and Evaluation, Mental Health First Aid Australia

## CHILDREN AND TEENAGERS

Allergic Rhinitis in Children – It's More than Just a Runny Nose	<b>Dr Jessica Tattersall</b> , Allergist and Medical Rhinologist, Sydney Allergy Clinic
Meningitis Prevention – Most Recent Developments	<b>Prof Peter Richmond</b> , Consultant Paediatric Immunologist and Paediatrician, Perth Children's Hospital; Head of Division of Paediatrics, UWA

## SEXUAL HEALTH

Effective Management of Vaginismus	<b>Dr Rosie King</b> , Sex Therapist, Educator and Author
Cervical Cancer Screening – Curly Cases and Common Questions	<b>A/Prof Annabelle Farnsworth</b> , Gynaecological Histopathologist and Cytopathologist; Director of Cytopathology, Douglass Hanly Moir Pathology
Contraception Update – What's New and What's Coming Soon	<b>Dr Terri Foran</b> , Sexual Health Physician; Lecturer, School of Women's and Children's Health, UNSW

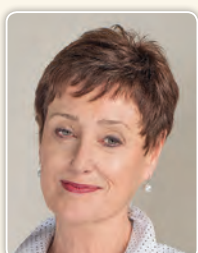
## MISCELLANEOUS

Clinical Conundrums in Osteoporosis	<b>Prof Ego Seeman</b> , Endocrinologist; Dept of Medicine and Endocrinology, Austin Health, University of Melbourne
Iron Deficiency – Curly Cases, Grey Areas, Controversies	<b>Dr Pradeep Jayasuriya</b> , GP, Belgravia Medical Centre, Perth
Vitamin D in Pregnancy – Supplement or Not?	<b>Prof Aris Siafarikas</b> , Paediatric Endocrinologist, Bone and Mineral Medicine, Department of Endocrinology and Diabetes, Perth Children's Hospital
Pharmacotherapy for Obesity – Important New Options	<b>Prof John Dixon</b> , Professorial Research Fellow, Clinical Obesity Research and Head, Baker Heart and Diabetes Institute
Breast Reconstruction, Options and Limitations – Practical Advice for Patients	<b>Dr Tony Connell</b> , Plastic and Reconstructive Surgeon; Past President of the West Australian Society of Plastic Surgeons

## ENDOMETRIOSIS EXPERT PANEL – Facilitated by Dr Terri Foran

Endometriosis – Improving Diagnosis, Management and Fertility	<b>Dr Paul Atkinson</b> , Gynaecologist and Fertility Specialist; National Medical Director, Adora Fertility
Endometriosis and Hormones	<b>Dr Tamara Hunter</b> , Fertility Specialist and Gynaecologist
Endometriosis and Pain Management	<b>Dr Bernadette McElhinney</b> , Obstetrician and Gynaecologist

The above program is an indication of topics and speakers only and is not the final schedule. Program was correct at time of printing and may be subject to change without notice. See [healthed.com.au](http://healthed.com.au) for updates.



A/Prof Annabelle Farnsworth, Gynaecological Histopathologist and Cytopathologist; Director of Cytopathology, Douglass Hanly Moir Pathology  
  
Cervical Cancer Screening – Curly Cases and Common Questions



Dr Jessica Tattersall, Allergist and Medical Rhinologist, Sydney Allergy Clinic  
  
Allergic Rhinitis in Children – It's More than Just a Runny Nose



Dr Terri Foran, Sexual Health Physician; Lecturer, School of Women's and Children's Health, UNSW  
  
Contraception Update – What's New and What's Coming Soon

The 13th Annual Women's & Children's Health Update 2019  
 Saturday, 17 August 2019, 8:30am-6:30pm  
 Perth Convention & Exhibition Centre

This seminar is  
 proudly organised by  
 Healthed Pty Ltd  
 ABN 13 604 040 704



REGISTRATION FORM	By Mail, Fax or Phone	Online Only
Super Early Bird until 5 July	<input type="checkbox"/> \$185	<b>\$165</b>
Early Bird until 2 August	<input type="checkbox"/> \$199	<b>\$185</b>
Standard after 2 August	<input type="checkbox"/> \$255	<b>\$225</b>

I am interested in (tick box )  
 **Attending the seminar**     **Basic CPR Workshop \$150/\$160** (See below for details)

RACGP QICPD/ACRRM  
 Education No: \_\_\_\_\_

I am a     **Doctor**     **Nurse/Midwife**     **Pharmacist**     **Other** \_\_\_\_\_

Dietary Choice     **Gluten Free**     **Vegetarian**     **Vegan** \*denotes required information

\*Title \_\_\_\_\_ \*Given Name \_\_\_\_\_ \*Surname \_\_\_\_\_

Organisation/Practice \_\_\_\_\_

\*Home Address \_\_\_\_\_  
 \_\_\_\_\_ \*State \_\_\_\_\_ \*Postcode \_\_\_\_\_

\*Work Ph \_\_\_\_\_ \*Work Fax \_\_\_\_\_

\*Email \_\_\_\_\_ Mobile \_\_\_\_\_

**TAX INVOICE, CONFIRMATION OF REGISTRATION AND SUPPLEMENTARY EDUCATION MATERIALS WILL BE SENT BY EMAIL OR FAX – PLEASE WRITE CLEARLY**

Yes I wish to attend: (tick box ) and pay by:     **Visa**     **Mastercard**     **Cheque** \$ \_\_\_\_\_ *Total*

Cheques are to be made payable to: **"Healthed"** All Prices are in Australian Dollars (AUD)

Card Number \_\_\_\_\_ Expiry \_\_\_\_ / \_\_\_\_ CCV \_\_\_\_\_

Name on Card \_\_\_\_\_ Signature \_\_\_\_\_

**Return your registration form & payment to: HEALTHED PTY LTD PO BOX 500 Burwood NSW 1805, FAX 1300 797 792 or EMAIL info@healthed.com.au**

### Basic CPR for RACGP

In this workshop delegates will have the opportunity to participate in an interactive workshop involving an update on latest CPR guidelines and use of automated defibrillators followed by assessment of CPR skills.

The workshop will be approximately 1-1.5 hrs duration, supervised by qualified ARC accredited instructors and will be compliant with all RACGP requirements.

**\$150** for delegates **\$160** for non-delegates

**HEALTHED SPONSORS INCLUDE:** Amgen, Bayer Consumer Care, Bayer Women's Health, Besins Healthcare, BioCeuticals, Ferring, Freedom Foods, GSK, iNova, Leo Pharma, Lundbeck, Mayne Pharma, Novartis Pharmaceuticals, Novo Nordisk, Pfizer Australia, Sanofi, Servier, Sonic Healthcare, Swisse Wellness, The A2 Milk Company, Vifor Pharma.

**CANCELLATION:** Notice of cancellation must be in writing and directed to the seminar secretariat through info@healthed.com.au at least 21 days prior to scheduled seminar date. Refunds are not available if notice of cancellation is provided less than 21 days prior to seminar date. A cancellation fee of \$100 will be deducted from your refund.

**Liability:** The organisers will make every effort to ensure that the event and the program will take place as advertised however the organisers do not take financial responsibility to changes or disruptions that may occur as a result of events beyond their control. Important privacy information: Healthed acknowledges and respects your privacy. The information you provide on this form is being collected for the purpose of processing your registration or inquiry. The provision of the information requested is voluntary. However, if you do not provide the information requested, we may be unable to process your registration or inquiry. We will use the information to keep you informed about products, services, offers and upcoming events and to improve services to you. We will also provide information about you to the sponsors and the exhibitors in the exhibition for the purpose of providing you with direct marketing offers, which we think may be of interest to you. If you do not consent to this disclosure of information about you or if you do not want to receive information about other Healthed educational seminars please call us on 1300 797 794. You have a right to access the information that Healthed holds about you. Please direct any enquiries you may have in relation to the use of our privacy information policy by contacting us on either by Tel 1300 797 794, email info@healthed.com.au or post, PO Box 500, Burwood NSW 1805.