

# THE 20th Annual WOMEN'S & CHILDREN'S HEALTH UPDATE 2020



Saturday 29 February

8:30AM – 6:30PM

**ICC** International Convention Centre  
SYDNEY Sydney, Darling Harbour

## Special Keynote Speaker



**Expert Panel: Menopause Management Past, Present and Future**

**with Dr Terri Foran**  
Sexual Health Physician;  
School of Women's &  
Children's Health UNSW



**Uterine Preserving Surgical Options**

**Prof Jason Abbott**  
Gynaecologist and  
Laparoscopic Surgeon;  
Royal Hospital for Women



**Teen Sleep and Digital Technology**

**Dr Chris Seton**  
Paediatric and Adolescent  
Sleep Physician, Woolcock  
Institute of Medical  
Research



**Contraception Update**

**A/Prof Deborah Bateson**  
Medical Director, Family  
Planning NSW; Clinical Associate  
Professor, University of Sydney



## Now More Accessible Than Ever!

### International Convention Centre Sydney

- Located in the heart of the Sydney CBD
- Newly constructed venue
- 10 mins walk from Town Hall station
- Close to public transport and carparks

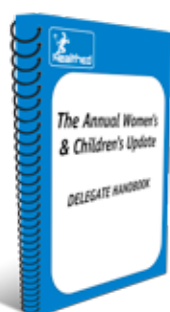


## REGISTRATION INCLUDES

- Access to entire program
- Handbook with lecture notes
- Morning tea, lunch & afternoon tea
- Access to trade exhibition
- Posted copy of an attendance certificate
- Registrations will be confirmed via email after receipt of payment

## NEW HANDBOOK

- Spiral bound
- Heavy duty cover
- 2 Presentation slides per page
- Easy to read, easy to write notes, easy to use as an ongoing reference tool after seminars
- 96% of delegates rated our new handbook as 'excellent' or 'good'



## REGISTRATION ENQUIRIES

**Phone:** 1300 797 794 **Fax:** 1300 797 792

**Mail:** Healthed Pty Ltd  
PO BOX 500 Burwood NSW 1805 Australia

**Email:** [info@healthed.com.au](mailto:info@healthed.com.au)

**On the Day:** Information desk will be located in the Gallery on the first level of the ICC

**Up to date information about parking is available online at [healthed.com.au](http://healthed.com.au)**

## EDUCATION POINTS

- RACGP: 16 CPD activity points approved
- 8 hours under the Educational Activities Category approved

## DOWNLOAD THE HEALTHED APP



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## NOW MORE ACCESSIBLE THAN EVER



The International Convention Centre in Darling Harbour is located in the heart of the Sydney CBD.



- 10 minutes walk from Town Hall station
- Sydney Light Rail stops in front of the Convention Centre
- Many bus stops located nearby
- Parking available at the **Convention Centre**



### Nearby Parking (off-site)

- **Darling Quarter Car Park** 1-11 Harbour Street, Sydney – approx. \$15\*
- **Darling Park Car Park** 201 Sussex Street, Sydney – approx. \$15\*

\*These are weekend rates quoted to us by the parking stations. However prices are subject to change. While Healthed tries to provide delegates with correct information, we are not responsible for variation in pricing.

## FACULTY & SPEAKERS



**Prof John Dixon**  
Head of the Weight Assessment and Management Clinic, Baker Heart and Diabetes Institute

An Evidence Based Approach to Using VLCDs in General Practice



**Prof Ego Seeman**  
Endocrinologist; Dept of Medicine and Endocrinology, Austin Health, University of Melbourne

Clinical Cases in Osteoporosis



**Prof Andrew Sindone**  
Director, Heart Failure Unit at the Department of Cardiac Rehabilitation, Concord Hospital

Heart Failure in Women

# PROGRAM

**Registration from 7:30am**

Each talk is approx. 25 mins in duration.

**Morning tea, lunch and afternoon tea will be provided.**

## PERIMENOPAUSE

**Expert Panel: Menopause Management Past, Present and Future**

*Facilitated by Dr Terri Foran*, Sexual Health Physician; Lecturer, School of Women's & Children's Health UNSW; Previously Medical Director of Family Planning NSW

**Dr Sonia Davison**, Endocrinologist; President of the Australasian Menopause Society; Clinical Fellow, Jean Hailes for Women's Health

**Dr Jane Elliot**, GP; Clinical Senior Lecturer, The Discipline of Obstetrics and Gynaecology, The University of Adelaide

**Prof Rod Baber**, Head of Menopause and Menstrual Disorders Clinic, Royal North Shore Hospital

Clinical Cases in Osteoporosis

**Prof Ego Seeman**, Endocrinologist; Department of Medicine and Endocrinology, Austin Health, University of Melbourne

## OBESITY

Obesity Cases – A Practical Approach

**A/Prof Samantha Hocking**, Endocrinologist; Royal Alfred Hospital; Clinical Academic at Charles Perkins Research Centre, University of Sydney

An Evidence Based Approach to Using VLCDs in General Practice

**Prof John Dixon**, Head of the Weight Assessment and Management Clinic, Baker Heart and Diabetes Institute

## FERTILITY & PREGNANCY

Contraception Update

**A/Prof Deborah Bateson**, Medical Director, Family Planning NSW; Clinical Associate Professor, University of Sydney

Reproductive Carrier Screening is Now Recommended for All Prospective Parents – What GPs Need to Know

**Prof Graeme Suthers**, Geneticist and Genetic Pathologist, Director of Genetics, Sonic Healthcare

Fertility Add-ons – Do They Work? Are They Worth it?

**Dr Manny Mangat**, Fertility Specialist, IVF Australia

Preconception, Pregnancy and Postnatal Iron Deficiency – Why Earlier Detection and Management is Important

**Dr Renee Eslick**, Haematologist and Obstetric Physician; Director of Physician Education, Liverpool Hospital

## PAEDIATRICS

Teen Sleep and Digital Technology – Important Issues

**Dr Chris Seton**, Paediatric and Adolescent Sleep Physician, Woolcock Institute of Medical Research

A Practical Update on Cow's Milk Protein Intolerances

**A/Prof Avi Lemberg**, Paediatric Gastroenterologist; Head of Paediatric Gastroenterology, Sydney Children's Hospital

## PSYCHOSOCIAL

Digital Technology and Domestic Violence

**Rosalie O'Neale**, Program Manager, eSafetyWomen, Office of the eSafety Commissioner

The Busy Parent with Depression

**Dr Jon-Paul Khoo**, Psychiatrist, Toowong Specialist Clinic

Psychedelic Psychotherapy – It's Real and You Need to Know About It

**Dr David Castle**, Psychiatrist; Professor of Psychiatry at St Vincent's Health and The University of Melbourne

## MISCELLANEOUS

Heart Failure in Women

**Prof Andrew Sindone**, Director, Heart Failure Unit at the Department of Cardiac Rehabilitation, Concord Hospital

Uterine Sparing Surgical Techniques in the Management of Heavy Menstrual Bleeding

**Prof Jason Abbott**, Gynaecologist and Laparoscopic Surgeon; Royal Hospital for Women; School of Women and Children's Health UNSW

Conversation Strategies About Vaccinations to Improve Awareness and Constructively Deal with Reluctance

**Dr Frank Beard**, Public Health Physician; Associate Director, the National Centre for Immunisation Research and Surveillance (NCIRS); Senior Lecturer, University of Sydney

Acne Management Update

**Prof Rodney Sinclair**, Director of Dermatology, Epworth Hospital; Head of the Epworth Dermatology Research Centre

See [healthed.com.au](http://healthed.com.au) for more updates



**Dr Sonia Davison**  
Endocrinologist; President of the Australasian Menopause Society; Clinical Fellow, Jean Hailes for Women's Health

Expert Panel:  
Menopause Management Past, Present and Future



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 Saturday, 29 February 2020, 8:30am-6:30pm  
 International Convention Centre Sydney, Darling Harbour

This seminar is  
 proudly organised by  
 Healthed Pty Ltd  
 ABN 13 604 040 704



| REGISTRATION FORM  | By Mail, Fax or Phone          | Online Only                                     |
|--|--------------------------------|---|
| <b>Super Early Bird</b> until 31 January   | <input type="checkbox"/> \$185 | <b>\$165</b>                                    |
| <b>Early Bird</b> until 14 February  | <input type="checkbox"/> \$199 | <b>\$185</b>                                    |
| <b>Standard</b> after 14 February  | <input type="checkbox"/> \$255 | <b>\$225</b>                                    |
| I am interested in (tick box <input checked="" type="checkbox"/> )<br><input type="checkbox"/> <b>Attending the seminar</b> <input type="checkbox"/> <b>Basic CPR Workshop \$150/\$160</b> (See below for details)             |                                | <b>RACGP QICPD/ACRRM</b><br>Education No: _____ |
| I am a <input type="checkbox"/> <b>Doctor</b> <input type="checkbox"/> <b>Nurse/Midwife</b> <input type="checkbox"/> <b>Pharmacist</b> <input type="checkbox"/> <b>Other</b> _____   |                                |   |
| Dietary Choice <input type="checkbox"/> <b>Gluten Free</b> <input type="checkbox"/> <b>Vegetarian</b> <input type="checkbox"/> <b>Vegan</b>  |                                | *denotes required information                   |
| *Title _____ *Given Name _____ *Surname _____  |                                |   |
| Organisation/Practice _____  |                                |   |
| *Home Address _____  |                                |   |
|  |                                | *State _____ *Postcode _____                    |
| *Work Ph _____   |                                | *Work Fax _____                                 |
| *Email _____   |                                | Mobile _____                                    |
| TAX INVOICE, CONFIRMATION OF REGISTRATION AND SUPPLEMENTARY EDUCATION MATERIALS WILL BE SENT BY EMAIL OR FAX – PLEASE WRITE CLEARLY  |                                |   |
| Yes I wish to attend: (tick box <input checked="" type="checkbox"/> ) and pay by: <input type="checkbox"/> <b>Visa</b> <input type="checkbox"/> <b>Mastercard</b> <input type="checkbox"/> <b>Cheque</b> \$ _____ <i>Total</i> |                                |   |
| Cheques are to be made payable to: <b>"Healthed"</b> All Prices are in Australian Dollars (AUD)  |                                |   |
| Card Number _____  |                                | Expiry ____ / ____ CCV _____                    |
| Name on Card _____   |                                | Signature _____                                 |
| Return your registration form & payment to: <b>HEALTHED PTY LTD</b> PO BOX 500 Burwood NSW 1805, FAX 1300 797 792 or EMAIL <a href="mailto:info@healthed.com.au">info@healthed.com.au</a>                                      |                                |   |

**Basic CPR for RACGP**

In this workshop delegates will have the opportunity to participate in an interactive workshop involving an update on latest CPR guidelines and use of automated defibrillators followed by assessment of CPR skills.

The workshop will be approximately 1-1.5 hrs duration, supervised by qualified ARC accredited instructors and will be compliant with all RACGP requirements.

**\$150** for delegates    **\$160** for non-delegates

**HEALTHED SPONSORS INCLUDE:** Abbott, Aftercare, Amgen, Aspen Australia, AstraZeneca Australia, Australian Clinical Labs, Besins Healthcare, Blackmores, Bod Australia, Brauer, Care Pharmaceuticals, Clinic 66, Danone Nutricia, Ego Pharmaceuticals, Ferring, Floridis, Fragile X Association of Australia, Frances Insurance, Freedom Foods Group Limited, Hologic, iNova, Lawley Pharmaceuticals, Leo Pharma, Little Green Pharma, Lundbeck, Macquarie Medical Systems, Medical Industries Australia, Medlab Pty Ltd, MedReleaf, Mylan, Norgine, Novo Nordisk Pharmaceutical, OMNI - P Australia, Pfizer Vaccines, Sanulac Nutritionals, Servier, Sonic Clinical Services / IPN Medical Centres, Stenlake, Swisse (H+H group), Sydney IVF, The a2 Milk Company, TLR Foundation, Virtus, Woolcock Institute of Medical Research.

**CANCELLATION:** Notice of cancellation must be in writing and directed to the seminar secretariat through [info@healthed.com.au](mailto:info@healthed.com.au) at least 21 days prior to scheduled seminar date. Refunds are not available if notice of cancellation is provided less than 21 days prior to seminar date. A cancellation fee of \$100 will be deducted from your refund.

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